



# **THE SHARKS**

**DR WARREN VAN ZYL – LONGEVITY HEALTH SOLUTIONS**

## **HISTORY WITH THE SHARKS RUGBY TEAM**

In 1995, I began treating the Sharks players with Chiropractic Treatment under the legendary coach, Ian Macintosh.

From 2006 to 2010, I was a member of the Sharks Medical Management Team and in 2010 I was also the Mental Conditioning Coach for the Sharks players on the Australian tour.